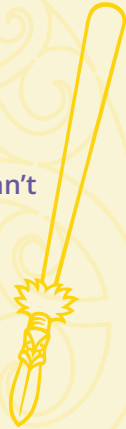


My superpowers may include:

- Building things
- Storytelling
- Cooking
- Playing a musical instrument
- Using technology
- Playing sport
- Being creative and imaginative
- Thinking in pictures
- Looking after animals
- Understanding others' feelings
- Solving problems when others can't
- Dancing
- Toi Māori, carving, mau rākau
- Inventing



About one in ten people have a brain that works like mine.



Dyslexia



Having dyslexia means my brain is wired in a different way. My brain tends to process pictures better than words, which is different to others who do not have dyslexia.

My challenges may include:

- Reading
- Handwriting
- Spelling
- Processing numbers
- Remembering
- Understanding instructions
- Organising my ideas
- Managing myself
- Focusing and concentrating
- Meeting deadlines



I may struggle with self-esteem issues and associated behaviours.

Tips for my teachers:

- Use my strengths and interests to inspire my learning.
- Use visual media to support my learning.
- Include hands-on experiences.
- Employ multisensory structured literacy teaching.
- Language rules help me to understand how language works.
- Dyslexia friendly books, audio books, line guides, and coloured overlays help me to read better.
- A different screen background colour helps me focus.
- Reading aloud to the class is tough unless I volunteer.
- Focus on my ideas in writing, not my spelling.
- Keep to the point, otherwise I lose focus.
- Technology removes barriers for me.
- Organisation, planning, and memory strategies help me.
- Copying text diverts my attention away from learning.
- Printed or soft copy worksheets work for me.
- Give me time to answer questions.



Koinei pea ētahi o aku pūkenga:

- Te hangahanga
- Te kōrero paki
- Te tunu kai
- Te whakatangi taonga puoro
- Te whakamahi hangarau
- Te tākaro hākinakina
- Te whakaaro auaha me te whakaaro pohewa
- Te whakaaro ā-pikitia
- Te tiaki kararehe
- Te rongō i ngā kare ā-roto o ētahi atu
- Te whakaoti i ngā rapanga ka whakararu i ētahi atu
- Te kanikani
- Ngā toi Māori, pēnei i te whakairo me te mau rākau
- Te whakaaro auaha



Ko tōna kotahi i te tekau tāngata ka whai roro pēnei i tōku.



Te Tīpaopao Kupu

Nā te tīpaopao kupu kua rerekē ngā hononga o taku roro. Ka mārama kē atu ngā pikitia i ngā kupu, ā, he rerekē tēnei i te hunga kāore e pāngia ana e te tīpaopao kupu.

Koinei pea ētahi āhuatanga ka uaua ki a au:

- Te pānui
- Te tuhi ā-ringa
- Te tātaki kupu
- Te tātari tau
- Te maumahara
- Te mārama ki ngā tohutohu
- Te whakaraupapa i ōku whakaaro
- Te āta whakarite i a au anō
- Te arotahi
- Te whai rārangi wā



Ka raru pea au i ngā mate kiritau me ngā whanonga e hāngai ana.

Hei āwhina i ōku kaiako:

- E wana ai taku ako, me aro ki ōku pūkenga.
- E hāpaitia ai taku ako, whakamahia ngā rawa ataata.
- Whakaritea ētahi wheako rāwekeweke rawa.
- Whakamahia ngā rautaki reo matatini tairongo maha.
- He tino āwhina ngā ture reo kia mārama ai au ki ngā āhuatanga o te reo.
- Whakamahia ngā puka tīpaopao kupu, ngā puka oro, ngā rūri ārahi me ngā paparua whaikano hei tautoko i a au ki te pānui.
- Mā te whakamahi i tētahi tae rerekē i te atamuri ka māmā ake taku aro atu.
- Ki te kore au e tuku i a au anō, kua e tukuna au kia pānui ā-waha atu ki te akomanga.
- Me aro kē ki aku whakaaro i aku tuinga, kua ki te tātaki kupu.
- Me hāngai ki te kaupapa kei kore au e aro.
- Ka para te hangarau i ngā ārai ako.
- Mā te āta whakarite, mā te whakamahere, mā ngā rautaki maumahara hoki au e tautokona ai.
- Ka whakawai te tārua kōrero i taku aro ki te ako.
- He pai ki a au ngā whārangi mahi pūmanawa me ngā whārangi mahi kua tāngia.
- Me tatari mai ki a au ki te whakautu pātai.

