



“WHAT DOESN'T KILL YOU
MAKES YOU
STRONGER!”



“ NŌ TAWHITI NŌ TATA

NŌ TE WHENUA
O TE ATUA

TĀTOU ”



**“ YOU CAN BE THE GREATEST
YOU CAN BE THE BEST**

**YOU CAN BE THE
KING KONG**

BANGING ON YOUR CHEST ”



“KIA MAU KI TŌ ŪKAIPŌ
KIA MAU HOKI
KI TŌ WHĀNAU
KIA MAU KI TŌ ŪKAIPŌ
I TANGATA AI KOE
I HARI MAI I A KOE”

“KEEP ON MOVING
KEEP CLIMBING
KEEP THE
FAITH”



“ MĀKU KOE
E AWHI E
KI TE ARA
ARA TUPU ”



“

LEAN

ON
ME”



“HOKI MAI HOKI MAI
E TAKU REO
RANGATIRA”



“ I GET KNOCKED DOWN
BUT I GET UP AGAIN
YOU’RE NEVER
GONNA KEEP
ME DOWN ”



“

HE KĀKANO AHAU
I RUIA MAI
I RANGIĀTEA

AND I CAN
NEVER BE LOST

I AM A SEED BORN OF
GREATNESS”

”



“ It’s a beautiful day
Don’t let it
get away ”

“ KO TE AROHA
ANŌ HE WAI
E PUPŪ AKE ANA
HE AWA E MĀPUNA MAI ANA
I ROTO I TE
WHATUMANAWA ”